



## WHAT TO BRING

Space is VERY limited aboard the *Carlyn*. At night, you will sleep with your gear in your tent or on your bunk. It is important that you pack ONLY the items listed below. Notice that the suggested items can be layered for warmth and are more versatile than a single heavy coat. Please pack in a SMALL soft duffel, back pack, or laundry bag. Plan on wearing the same clothes for multiple days.

- \_\_\_\_\_ Sleeping bag - compact with synthetic filling
- \_\_\_\_\_ Wool sweater or fleece jacket (something that keeps you warm when wet)
- \_\_\_\_\_ 2 Long-sleeved T-shirts or turtlenecks
- \_\_\_\_\_ 1 Pair long pants
- \_\_\_\_\_ 1 T-shirt / 1 pair of shorts
- \_\_\_\_\_ Long underwear - capilene or polypropylene (tops & bottoms)--NO COTTON
- \_\_\_\_\_ 3-4 pairs of thick socks (wool or synthetic material)
- \_\_\_\_\_ 1 pair sneakers or other sturdy closed-toe shoe
- \_\_\_\_\_ Warm (wool or fleece) hat & gloves
- \_\_\_\_\_ Windbreaker jacket
- \_\_\_\_\_ Baseball cap (or some sort of sun hat)
- \_\_\_\_\_ Toilet items—NO PERFUME (it attracts animals)
  - toothbrush/paste      -deodorant      -soap
  - comb/hairbrush      -face cloth/small towel      -feminine hygiene products
- \_\_\_\_\_ Sunglasses & sunscreen
- \_\_\_\_\_ Optional: Waterproof shoes or boots, waterproof raingear: hat, jacket, pants (heavy weight PVC recommended), lifejacket (Type III), water bottle, small flashlight, disposable camera.

Salish Sea will provide the following items:

Lifejacket (Type III)

Raingear (jackets and pants, many sizes)

Sleeping Pads & Tents for camping

Food (including snack)

Please DO NOT bring the following items:

Controlled substances: drugs, alcohol, cigarettes

Food (including snacks, candy, gum)

Cell phones, video games, iPods, radios, walkmans, cd players

Pillows or stuffed animals

Expensive cameras or other valuables

**Please Note:** The U.S. Coast Guard has a zero tolerance policy with regards to drugs on inspected vessels. This means that any illegal drugs in any amount found aboard *Carlyn* will result in confiscation of the vessel and our captain will lose his license. Please do not put your classmates at risk by operating equipment in an impaired state or Salish Sea Expeditions at risk of losing the ship and program due to your actions. If any participants are found with any amount of drugs, alcohol, cigarettes, firearms or fireworks we will call the parents and arrange for that child to be picked up as soon as possible.

In case of emergency, please contact the on-call director at (206) 715-0312.